

# Free Educational Program Series

## Caregiver Series at Greene Meadows Nursing and Rehabilitation Center

### Effective Communication Strategies

Tuesday, September 13th

5:30-6:30pm

Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.



### Understanding and Responding to Dementia-Related Behaviors

Tuesday, September 20th

5:30-6:30pm

Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

### Dementia Conversations

Tuesday, September 27th

5:30-6:30pm

This program will offer helpful tips to assist families with difficult conversations related to dementia, including going to the doctor, deciding when to stop driving, and making legal and financial plans.



**In collaboration with Greene Meadows Nursing and Rehabilitation Center**

**ADDRESS: 161 Jefferson Heights #1239, Catskill, NY 12414**

To register and learn how to participate, call the Alzheimer's Association 24/7 Helpline at 800.272.3900 or our local office at 518.675.7214.

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